

MEN'S TOPS

CHEST

Measure around the fullest part of your chest, keeping the measuring tape horizontal.

WAIST

Measure around the natural waist (the narrowest part), holding the tape measure horizontally.

HIPS

Stand with your feet together and measure around the fullest part of the hips, holding the tape measure horizontally.



MEN'S BOTTOMS

WAIST

Measure around the natural waist (this is the narrowest part), holding the tape measure horizontally.

HIPS

Stand with your feet together and measure around the fullest part of the hip, holding the tape measure horizontally.

INSEAM

Measure from the top inside leg to the bottom of your leg, be aware measurements are based on regular inseam.



MEN'S SPORTSWEAR & TRAINING

SIZE	S [30 - 32]	M [34 - 36]	L [38 - 40]	XL [42 - 44]	XXL [46 - 48]	XXXL [50 - 52]	XXXXL [54 - 56]	XXXXXL [58 - 62]
INSEAM	81cm	81cm	82.5cm	82.5cm	82.5cm	82.5cm	82.5cm	83.5cm
CHEST	86 - 93cm	93 - 101cm	101 - 111cm	111 - 121cm	121 - 132cm	134 - 147cm	149 - 157cm	157 - 165cm
WAIST	76 - 81cm	81 - 88cm	88 - 99cm	88 - 109cm	109 - 119cm	121 - 134cm	137 - 147cm	147 - 157cm
HIP	88 - 93cm	93 - 101cm	101 - 101cm	111- 121cm	121 - 129cm	129 - 142cm	144 - 154cm	154 - 165cm

YOUTH SPORTSWEAR & TRAINING (BOYS AND GIRLS)

SIZE	XXS [116]	XS [128]	S [140]	M [152]	L [164]	XL [176]
HEIGHT	104 - 111cm	113 - 118cm	127 - 144cm	147 - 160cm	162 - 170cm	172 - 182cm
WEIGHT	17 - 20kg	20.5 - 24.5kg	26.5 - 39kg	40 - 51kg	52 - 62kg	62.5 - 68kg

SOCKS

SOCK SIZE	XS	S	M	L	XL
YOUTH SHOE SIZE	1 - 2.5	3 - 4.5	5 - 6.5		
MEN SHOE SIZE				7 - 8.5	9 - 13
WOMEN SHOE SIZE		4.5 - 6	6.5 - 8	8.5 - 10	
EURO	31 - 33	34 - 36	37 - 39	40 - 42	43 - 47
UK	13.5K - 2	2.5 - 4	4.5 - 6	6.5 - 8	8.5 - 12